

**HUMAN AND NATURE  
BASED SOLUTIONS  
FOR INCLUSIVE AND  
INNOVATIVE URBAN  
REGENERATION**

**COIMBRA  
ARCHITECTURE  
SUMMER ATELIER**

**URBiNAT  
INTERDISCIPLINARY  
SUMMER SCHOOL**

**HEALTHY  
HOME**

Coimbra Architecture Summer Atelier is an intensive workshop organized by the Department of Architecture of the University of Coimbra, Portugal. Combining practical and theoretical modules, CASA proposes to investigate the built environment from an architectural, urban and social perspective, taking Coimbra as a contemporary artefact of reflection and intervention.

Immersed in an atelier environment under tutor guidance, students and young professionals are challenged to develop design strategies that address proposed cyclical concept themes. A theoretical component is added to this programme through informal sessions and debates, where concepts, ideas and projects are discussed so as to stimulate the design process.

CASA provides a *forum* for architectural experiment, the lively exchange of ideas, sharing of knowledge and promoting of a cultural space. Participants will find here a dynamic and interdisciplinary space for interaction with dedicated professionals of contemporary architectural practice, as well as renowned academics committed to teaching and research in this field.

Embracing diverse nationalities, cultures and learning processes, CASA intends to promote the exchange of practices, experiences, and ideas across generations, having as its main goal the creation of innovative design proposals for Coimbra.

## CASA 2023

## HEALTHY HOME

CO-CREATION OF A HEALTHY CORRIDOR  
IN COIMBRA (RELVINHA – INGOTE –  
– MONTE FORMOSO – BOLÃO)

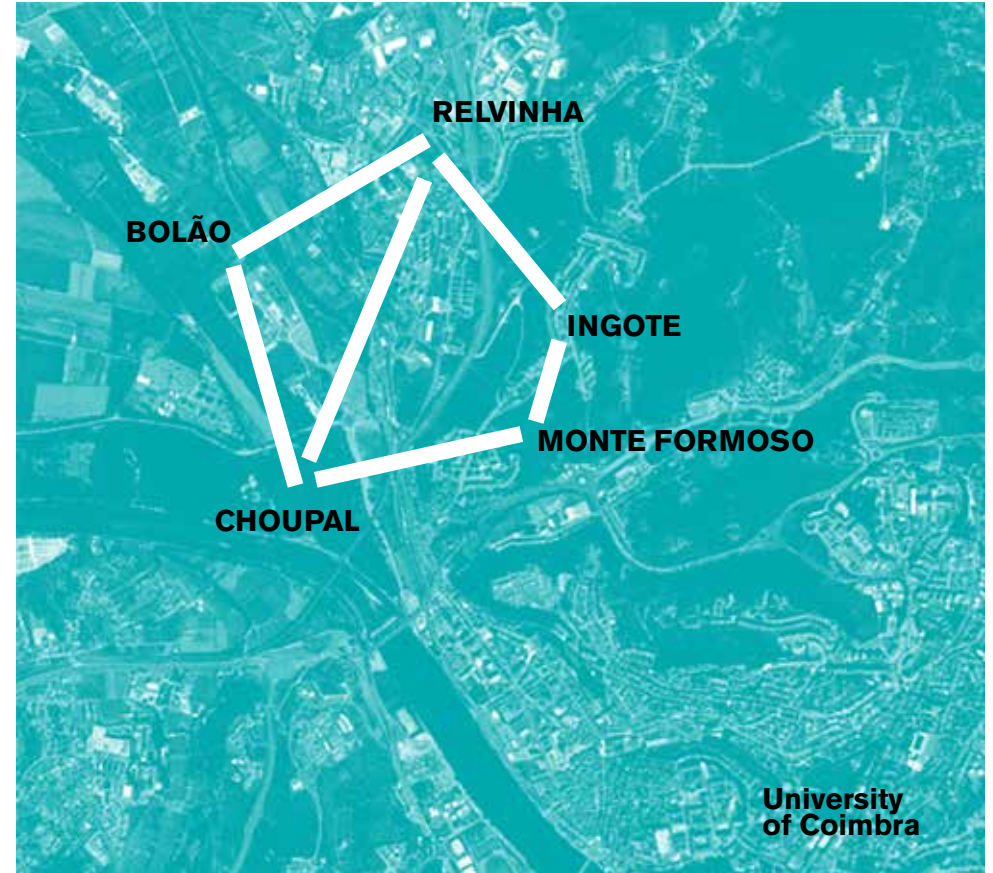
In the last years, cities have been facing new challenges that demand creative ways of developing solutions. Climate change and social justice are pushing academia, municipalities, stakeholders and the local citizens to work together in order to co-create another way of developing an inclusive urban regeneration. The public space is at the centre of this urban transformation that puts in dialogue nature, mobility, community, culture, education and economy to promote places that offer better quality of life to the local communities. Places that are healthy homes.

Healthy Home is an interdisciplinary Summer School that invites students (graduation, master and doctoral), citizens, technicians and local organisations to contribute to this debate with their knowledge and experience.

The aim of this workshop is to explore a healthy corridor for Coimbra, co-created with the local community of Eiras, by testing and improving the methodologies developed by the URBiNAT partners. In this sense, we challenge participants to develop processes and products that can transform the healthy corridor into a healthy home connecting Relvinha, Ingote, Monte Formoso and Bolão social housing with Choupal natural park.

This workshop is based on the experience of CASA architectural design workshop that has been organised by University of Coimbra, namely by its Department of Architecture. In this edition CASA (HOME) will open the architectural design to other forms of knowledge that need to dialogue in the public space, such as social sciences, environmental sciences and humanities. This interdisciplinary approach is a field of opportunity to develop critical perspectives on the way of thinking and doing inclusive urban regeneration.

Healthy Home workshop will be held in Eiras, the north district of Coimbra, taking advantage of the dialogue with the local community that is already active through several projects, as Bairros Saudáveis. Students, citizens, technicians and local organisations are invited to attend studio activities, training sessions, visits to the intervention area and local associations and conference with keynote speakers. Tutors are members of URBiNAT project and experts from different fields invited to support the teams.







## TUTORS

Américo Mateus GUDA

Andrea Conserva IAAC

Andres Spognardi CES/ECOSOL

Cláudia Pato de Carvalho CES

David Campos BIOPOLIS

Gonçalo Santos Z&S

Gustavo Garcia CES

Ivan Brito Z&S

Jorge Carvalho ANC/DARQ

José Miguel Lameiras BIOPOLIS

Lara Reis Z&S

Márcio Valença UFRN

Marco Acri UNG

Nanna Østergaard SLA

Rita Campos CES

Saša Dobričić UNG

Susana Leonor GUDA

Sofia Martins GUDA

Teresa Novais ANC

**6-12 Jul  
2023  
dARQ  
CES  
Coimbra**

## TIMELINE

### DAY 1 **06 JULY**

09:30 Welcome session

11:00 Keynote speakers

José António Bandeirinha DARQ/CES

Luciane Lucas dos Santos CES

14:30 Field visits

### DAY 2 **07 JULY**

09:30 City Session:

Coimbra Municipality

11:00 URBiNAT

Concepts Session

14:30 Workshop

### DAY 3 **08 JULY**

09:30 City Session:

Cascais Municipality

(proGfreg project)

11:00 URBiNAT

Methods Session

14:30 Workshop

18:00 Local Diagnostic

Presentations

### DAY 4 **09 JULY**

11:00 Walk in Choupal  
and Mondego riverfront

### DAY 5 **10 JULY**

09:30 Workshop

14:30 Workshop

### DAY 6 **11 JULY**

09:30 Workshop

14:30 Workshop

### DAY 7 **12 JULY**

09:30 Workshop

14:30 Final presentations  
with guest critics

17:30 Diploma ceremony

20:00 Closing dinner

## FEES

Students – 25 EUR  
Professionals and/or members of associations – 50 EUR  
Municipal and governmental technicians – 100 EUR

### The fee includes:

- Intensive participation in a 7 day workshop and sessions;
- Weekday lunches and closing dinner;
- Studio material and printing expenses;
- 24/7 studio access;
- Student kits (dARQ books, CASA/URBiNAT booklet and credentials, notebook and pen, map of Coimbra);
- Certificate of participation.

### The fee does not include:

- Travel expenses to and from Coimbra;
- Dinners and accommodation;
- Local transportation outside of studio working hours or CASA programme.

## APPLICATION PROCEDURE

Apply using one of the following links:  
<https://www.uc.pt/fctuc/darq/casa/>  
or  
<https://urbinat.eu/summer-school-2023/>  
The deadline for applications is 30/05/2023.

CASA 23 has a limited number of places available, the enrollment procedure will close once 40 applications are confirmed. Payment of the course fee will only be requested after the application is reviewed and considered eligible for participation. This can take up to one week, depending on the number of applicants. If the application is successful, CASA team will send a confirmation email along with payment details and other information. Each applicant has a period of seven days to pay the participation fee once the confirmation email is sent. Registration will only be valid after payment confirmation.

### Cancellation policy:

If the cancellation request is sent before May 15th, half of the participation fee will be refunded. Applications cancelled after this date will not be refunded.

## DISCLAIMER

Each participant is responsible for ensuring that they have a safe stay in Portugal and should arrange their own travel and health insurance. CASA team is not responsible for any type of accident or damage, property or healthwise, that may happen during the workshop.

## USEFUL INFORMATION

The city center of Coimbra, where the University is located, is a dynamic and diverse area with numerous restaurants, bars and accommodation possibilities, such as hostels, guesthouses and more, all with an affordable pricing.

## USEFUL WEBSITES

- [www.uc.pt/en/fctuc/darq/](http://www.uc.pt/en/fctuc/darq/)
- [www.uc.pt/en](http://www.uc.pt/en)
- [worldheritage.uc.pt/](http://worldheritage.uc.pt/)
- [www.lonelyplanet.com/portugal/central-portugal/coimbra](http://www.lonelyplanet.com/portugal/central-portugal/coimbra)
- [visit.uc.pt/en/about/](http://visit.uc.pt/en/about/)

## FAQS

### Where will the workshop take place?

CASA will be held at the Department of Architecture of the University of Coimbra.  
Address:  
Departamento de Arquitetura  
Edifício Colégio das Artes,  
Largo D. Dinis  
3000-143 Coimbra

### In which language will the workshop be held?

Both the workshops and sessions will be held in english and portuguese. CASA team does not require participants to present a language certificate, however, we strongly recommend a good level of fluency.

### Are there any specific requirements for participation?

CASA 23 is open to participants with background in Architecture, Urban Planning, Landscape and Environment, Sociology, Antropology, Geography, Economy backgrounds, among others.

### Do I need to bring my laptop?

Each participant should bring their own laptop. Drawing paper, cutting tools, rulers and other supplies will be provided. Nevertheless, we encourage each participant to bring their own drawing materials, such as pencils, pens and others.

### Will I be granted a diploma/certificate of participation?

Upon successful conclusion of the workshop every participant will be given an official diploma of participation signed by the CASA and URBiNAT representatives and the Department of Architecture director.

### How will I get notified if my application is successful?

CASA team will send a confirmation email informing each applicant whether his application was successful or not.

### Will there be access to wifi?

During their time in the Department of Architecture, participants will have free access to Wi-Fi provided by the University server.

### When is payment due?

The applicant will be asked to pay for the course fee once his application is confirmed and accepted, this is done via email, where payment instructions are also sent. Registration will only be valid after payment confirmation. Payment deadline is May 30th. Applications submitted on this day have an extra week to confirm payment.

### Will CASA be responsible for issuing my VISA?

Each participant is responsible for obtaining their own VISA. For invitation letter purposes, please inform the team during your application procedure.

**coimbratelier@uc.pt**  
**uc.pt/fctuc/darq/casa**  
**f coimbratelier**  
**@coimbratelier**  
**pmurbinat@ces.uc.pt**  
**urbinat.eu/summer-school-2023**  
**@urbinatH2020**

**TEAM AND COORDINATION**

**CASA**

**Luís Miguel Correia**  
**Martinho Araújo**

**URBiNAT**

**Gonçalo Canto Moniz**  
**Nathalie Nunes**  
**Isabel Ferreira**

**ORGANIZATION**



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